Firefighters struggle in vain in Russian pg 2 Rains bring new misery to China pg 2

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A pioneer of career women on Aruba

Carole Francis celebrates 30 years as the island's first female attorney



Carole officially opening her own law firm

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Today is not only a personal celebration for Carole Francis, who began her law career on Aruba 30 years ago with the law firm, Croes & Wever, but all women on the island who aspire to careers in male-oriented professions. Though Carole remained the only woman attorney on Aruba for the first 5 years, among 10 practicing lawyers on the island, she affirms there are now well over 100 active attorneys, of which 50% are women. They can thank Carole for being the individual who paved the way.

Carole was born and raised in Curacao, where her father, James, originally from St. Kitts, kept telling her from a young age she would be a lawyer. This was quite progressive thinking for an island man at that time, but Carole describes him as "a person who valued education above all other things, and always encouraged us to take ours as far as possible.'

Carole met her Aruban husband, Roly Sint Jago, while attending university in Leiden, in Holland. She managed to give birth to her two sons, Ahmadu and Ibrahim, while still completing her studies, and returned to her homeland to attain a law degree from the University of the Netherlands Antilles. During her final year, she performed her internship with Croes & Wever, who recognized her abilities and strong work ethic, so she easily acquired her first legal posi-

Carole's gender attracted many women clients needing an attorney to handle their divorce, and she admits to becoming something of a champion for them and their rights during this difficult time. "I could say I built my practice on this, and became known as a divorce lawyer during my



Carole in her robes in her law library

early years."

Carole opened her own offices on the Emanstraat in 1986, where she can still be found every day. She has appeared in the courts of every one of the islands of the Netherlands Antilles, practicing every sort of law, with the exception of Saba. She has handled Criminal, Labor, Real Estate and Litigation on five islands, and in 1992, after many requests and much encouragement by clients from Bonaire, she opened offices there, which has her traveling back and forth few days every

The years brought great success in Carole's career and a daughter, Naïlah-Conchita, who is now studying medicine

in Holland. She looks back on her life with pride and a touch of regret that her work demanded so much of her time, which was taken away from family. However, she is very proud of her children who have pursued advanced educations and exciting careers. Her daughter flew in from Holland for a surprise visit for this special occasion, so the bonds between mother and children are strong.

"It isn't easy for any woman who is a practicing attorney regarding family, it takes a toll. You must become very organized and a master at time management." Carole advises young women interested in the law.

Continued on page 5

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Rains bring new misery to China mudslide town

ZHOUQU, China (AFP) Heavy rains yesterday compounded the misery of a Chinese town devastated by mudslides that have killed 1,144 people, with new floods hampering relief efforts and the stench of death pervasive.

Thousands of soldiers and rescuers battled to clear roads blocked by cascades of mud and sludge unleashed by storms overnight, complicating the task of getting food, water and medicine to people in desperate need.

Six hundred residents are still missing after the disaster in Zhouqu, a remote town in the mountains of Gansu province in China's northwest, local officials said.

The mudslides levelled an area five kilometers (three miles) long and 300 meters wide. Floodwaters up to three storeys high have submerged half the county.

The provincial department of civil affairs said late yesterday the death toll from the disaster had risen to 1,144, from 1,117 on Wednesday, state

A building leans but lies intact as people watch cleanup and

rescue operations amid the rubble from landslide devastation

news agency Xinhua reported.

"The rain has had an impact on rescue work. It's hindering the distribution of drinking water," Han Huiping, a 25year-old firefighter from a nearby town told AFP. "We're worried.'

Heavy rains fell for about four hours overnight, turning one of Zhouqu's main streets into a small river and flooding army tents on the roadside leading to the disaster zone.

As rain fell intermittently

yesterday, workers used diggers to clear the massive avalanche of mud and rocks that split the town in two at the weekend. Crews spent six hours clearing the shortest route into Zhouqu from the provincial capital Lanzhou after it was blocked overnight by fresh landslides, Xinhua said. The road is mainly being used by trucks bringing aid supplies.

The bad weather was expected to continue at least through today.

Massive quake rattles **Ecuador**, Peru

WASHINGTON (AFP) - A giant 7.1-magnitude earthquake rocked Ecuador and parts of Peru yesterday, but its epicenter was deep underground in a remote Amazonian region and no victims or damage were reported.

The quake, which experts from the US Geological Survev said hit at 6:54 am. 110 miles (175 kilometers) southeast of Quito, lasted for some 40 seconds and was felt around the country and in neighboring

"For now, there are no reports of damage or victims," Ecuadoran Security Minister Miguel Carvajal said. "The news from all the governors, civil defense, the national

emergency ministry is that there is no damage.'

The epicenter of the quake was deep, some 210 kilometers under the Amazonian jungle, which Ecuadoran officials said was to thank for the lack of damage above ground. No tsunami was generated.

The USGS said the nearest urban center was some 145 kilometers to the west -- Ambato -- an Ecuadoran city high in the Andes mountains which is home to a volcano of the same name and suffered a devastating quake back in 1949.

The Geophysical Institute of Peru said yesterday's quake was also felt by Peruvians along the border in the Amazonian jungle regions.

Dutch Christian Democrats oppose deal with anti-Islam party

THE HAGUE, The Netherlands (AFP) - A group of Dutch Christian Democrat (CDA) published an open letter yesterday opposing any coalition partnership with the anti-Islam PVV party led by Geert Wilders.

The strongly worded statement, which accused the PVV of stigmatising minorities, cast a shadow on coalition talks which began Monday.

'In its political statements and electoral platform, the PVV has gone against many of our fundamental rights, notably the right to equal treatment and the right to freely practice religion according to one's beliefs," the group of 44 CDA members wrote in a letter published in the Christian daily

Wilders, who has described Islam as fascist and called for a ban on the Koran, announced last Friday that he would join a protest against the construction of a mosque in New York near the site of the September 11 at-

"The PVV stigmatises a large minority of our population and in fact makes it the scapegoat of nearly all our social problems. The PVV is not only a threat to the freedom of muslims, but to our rule of law and our freedom," the letter said.

CDA leader Maxime Verhagen began talks Monday over a PVV-supported minority government with VVD leader Mark Rutte and Wilders, despite an earlier refusal to do a deal with the PVV.

The center-right VVD and CDA won a combined 52 seats in the 150-member Dutch Parliament in June 9 elections, while the PVV increased its number of seats from nine to

Firefighters struggle in vain near Russian nuclear center

TOKUSHEVO, Russia (AFP) - Overwhelmed and underequipped, firefighters struggled in vain against spreading wildfires in the forest of Tokueshevo, 50 kilometers (30 miles) from Russia's top nuclear research center.

'We have no control over the fires, now all we can do is get ourselves killed," said firefighter Vasily Filin, who like his colleagues was battling the blazes without the benefit of any protective equipment.

In a nature reserve 500 kilometers (300 miles) from Moscow near the nuclear centre in the town of Sarov, the forest of Tokushevo was burning as Russia struggles with the worst heatwave in its millennium-long history.

The fires near Sarov have raised concerns about the nuclear center, which is in an area still closed to foreigners as in Soviet times, but no blazes have yet been registered on its

Authorities were not taking any chances however, and yesterday announced they were boosting firefighting teams to more than 3,400 people to keep the fires from spreading to Sarov. Firefighters here said it had proved impossible to extinguish the flames from ground level. They had retreated to an area cleared of trees to attempt to contain the blazes.

The firefighters said they had been told that helicopters and planes would not be sent to douse the fires, which were sending a thick cloud of smoke above the trees, because the blazes were not powerful enough and were concentrated in the forest.

With no hope of aerial assistance, the firefighters were digging up the earth around the forest to keep the flames from spreading, with two tractors making ditches to act as buffers against the fires.

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Reggae sensation Mulato to perform at Cas di Glas event



Reggae sensation Mulato is coming to perform live on the Cas di Glas stage in front of CILO City Lounge and the Cinemas. The artist, who was just nominated for the 'Orgullosamente Latino 2010' award, will be performing free of charge to help the effort to raise money for the Koningin Wilhelmina Kankerfonds (KWF), the cancer foundation on Aruba.

With this unusual fundraising, the Cas di Glas foundation hopes to generate enough money for a mobile breast cancer screening unit. It is a four-day event that will take place from September 29 – October 3.

Mulato, officially called Pablo Rafael Gonzalez Romero is an all-round musi-



cian from Venezuela. Recently he added the cuatro, a typical Venezuelan tiny guitar, to the instruments that he plays, the guitar, bass and percussion. Born in Caracas in 1969, the artist's first contact with reggae music came through Bob Marley's album 'Uprising,' which he borrowed from a friend and which hit him like a bomb when he was just 13 years old. The bug bit and it has never left Mulato; he loves the positive vibrations of reggae music and is virtually hypnotized by it. Even nowadays, his heroes are still Marlev, Peter Tosh, Third World, Blondy, Ziggy Marley and Jimmy Cliff.

When still a teenager, picking up the English language was easy for the singer and soon he played along on a borrowed guitar. Studying the classical guitar was the next logical step and forming groups of his own (among others a gaita group, gaita being the typical music of the Zulia state) soon followed.

Reggae music has never left him, however, and Mulato is scoring big with his music in Spanish. He is currently conquering Mexico and 'Levantame esa cara' is his fifth album already.

For more on Mulato, please look him up at www.mulato.ven

Suriname former dictator Bouterse sworn-in as president

PARAMARIBO, Suriname (AFP) - Suriname's President Desi Bouterse pledged to work for national unity yesterday, on receiving the sash of office at an inaugural ceremony largely ignored by foreign governments.

A former military dictator, Bouterse, 64, has gained power twice before through coups. This time, though, he was elected to a five-year term by the parliament on July 19.

Outgoing president Ronald Venetiaan, an opponent of Bouterse's, handed over the presidential sash to parliament speaker Jennifer Simons, who then put it around Bouterse's shoulders.

Bouterse, whose four party Mega Combination coalition won 23 of 51 seats in May parliamentary elections, stressed national unity in his inaugural address.

Venezuelan President Hugo Chavez, the only head of state to say he would attend the ceremony, cancelled at the last minute.

The Netherlands, the former colonial power, has convicted Bouterse of cocaine trafficking and has an international warrant out for his arrest



Cook's Restaurant honors patrons with their Five Star Goodwill award



On August 11, two couples were honored at Cooks Restaurant with the Cooks Restaurant's Five Star Goodwill Award. Lora McCollom, Douglas Sinclair, and Sherry and Murray Feit were given the Cooks Restaurant's five star goodwill award for sharing their kindness here on Aruba.

As the engraving on the award says, "Divi Divis grow stronger with the goodness you share" which is a perfect reflection of all they have done for Aruba.

As all us know, Divi Divi trees always point toward the direction where the hotels are located so no one can get lost. It is a natural built in compass here on Aruba. Additionally, Divi Divi are strong trees that

can withstand nature's tough weather conditions. Therefore, Divi Divi trees are symbolic to the strength in relationship of our people with the tourists who, through their feedback, keep pointing us in the right direction on how to keep our tourism growing.

The people of Aruba are always known for being very hospitable and to present this award to these wonderful people is a clear sign that this has not changed and will remain alive in all Arubans.

The award was presented by Cooks Restaurant's Chef De Cuisine Ever De Penja who, beside being a local, is the youngest Top Chef on Aruba. Chef Ever prepared a wonderful dinner for Lora, Douglas, Sherry and Murray who were all delighted and amazed with their dinner from start to finish, but also with the amazing skills Chef Ever has shown. Additionally, they were also served Cooks Restaurant's best boutique wine, "Cuvee Julia," by Delectus winery out of Napa Valley

Chef Ever would like to thank Lora, Sherry, Murray and Douglas for a wonderful evening at Cooks Restaurant and invites everyone to visit them at Cooks Restaurant for an Exceptional Culinary Experience.

Photo shows the two happy couples accompanied by Chef Ever and two other Cook's Restaurant associates.



Taiwan man 'marries' goddess

TAIPEI, Taiwan (AFP) - A Taiwanese man out of luck in earthly love has married a goddess after she ordered him to do so in a dream, a report said.

The man, identified by his family name Lin, claimed the Lotus Fairy, a Taoist deity, started coming to him in his sleep after he went to her temple to seek her blessing following a series of failed relationships. The goddess soon instructed Lin to marry her, and to comply the 40-year-old held a "wedding ceremony" in which a young woman holding a statue of the goddess stood in for the bride, the report said.

Since the wedding, Lin has moved the statue to his home to worship her and claimed that his "wife" has protected him from both illnesses and accidents.



Back Then



Aloe plant

Before the advent of "modern medicine" Arubans lived to very old ages which was declared unusual for an "undeveloped" small island in the Caribbean. This was accomplished because they used what grew here naturally and what could be brewed and stewed into healing lotions and potions.

Until the beginning of the 1900's, no Doctors lived on the island. Men and women known as curiosos or curanderas were sought out for their knowledge of herbs and plants and trees as they applied to various ailments. It was a farranging knowledge with over 200 plants indigenous to the island, most of which can be found in the Arikok National Park today.



Basil plant

Sometime ago a wellknown and highly talented local Chef (GW) found himself in the hospital with an undetermined intestinal disorder. After days of Doctors and various treatments that were not successful, he checked himself out and went to an old family friend who gave him the formula for good health. It worked then and still works today. Of course it's easier with a blender than stirring the pot of old.

Open a good-sized aloe leaf



Aloe gel

and scrape the gel into the blender. Add fresh, and it must be fresh, not canned or frozen, orange juice and a dollop of honey. Blend until well mixed, pour and drink slowly throughout the day.

Fresh-made honey is still available in Aruba and that's

also a better choice than "storebought.. The Chef continues to use this mix on a regular basis to maintain his good health. He mentioned just recently that it also works when flu and cold symptoms arise.

Arubans did not have a natural immunity to colds and who knew what the flu was.

When the first hordes of

tourists began arriving, particularly in the winter season, they brought with them the sneezing and coughing symptoms spreading them near and far. And the Arubans suffered. Employees from abroad at Lago Refinery also brought before unknown germs and contributed to illnesses never seen before. The wise word at the famous Charlie's Bar was to stay with the same glass which would have only your own germs on it!

The mango, originally from Asia, adapted easily

Caribbean and has many healing qualities including relieving kidney inflammation. But, it not considered healthy to eat more than one a day. The green mango was used to treat rheumadiscomtism Ground fort. cactus powder solved bladder

and kidney problems. And the local basil plant, yerba di hole is an essential part of the life of Arubans. Brewed into a tea, it sends fever packing.

The papaya is credited with many cures for a variety of ailments. While green, it is well known as problem solver for

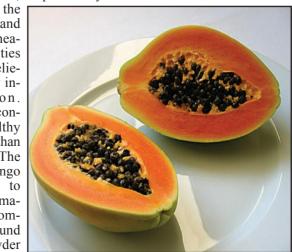


Mango fruit

cleaning the digestive tract: skinned, boiled with its seeds. Arubans have long believed that eating papaya seeds for several days can lead to weight

The wide-spread use of anti-biotics is proving to be more dangerous to one's health than helpful. They are also proven to be dangerous for those sunbathing. A painful sunburn will happen if the unknowing tourist seeks a tan and instead gets badly burned. Reach immediately for the aloe plant and slosh the gel on and on and on.

Perhaps "back to basics" is way to go.



Papaya fruit



A pioneer of career women on Aruba

Continued from page 1



Carole with her 3 children



Carole's 25th anniversary celebration



A young Carole heads for university in Holland

"You are also a life-long student, keeping up with changes in the civil and criminal codes; you must be flexible and always renewing your knowledge and you must have a passion for the law. It must be not only your vocation, but your avocation; you have to wake up every morning with great anticipation of going to work. I suppose that is true of any profession, but I believe especially as a lawyer, you cannot do your job as well as you should without that passion"

Carole also preaches empathy for the clients is very important. "This is the sort of work where you must understand that each day you are going to be hearing people's problems, because this is why they are coming to you. No matter how incidental their problem may seem, or how many times you have heard something similar, to them it is particular, and all-important. You must be sympathetic and patient; this is all part of being a successful attorney.'

THE MORNING NEWS congratulates Carol A. Francis on her distinguished career, an example for all aspiring young career women of the region.

by Rosalie Klein



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Venezuela deports 3 drug suspects to the Netherlands, Aruba, Peru

CARACAS, Venezuela -- The Venezuelan authorities yesterday deported three subjects of different nationalities requested by the International Criminal Police Organization (Interpol), for engaging in international traffic drug.

From the International Airport Simón Bolívar, the minister of the People for the Interior and Justice, Tarek El Aissami, confirmed that the catch occurred in July in three cities

"Gloria Esther Chávez Ceballos, 54, (Colombian) alias Gloria Amaparo, indicted for drug trafficking from Colombia to the United States (USA), was arrested July 24 in San Cristobal, Tachira. The citizen is required by the Kingdom of the Netherlands, Aruba."

Also sent to his country of origin was "Aldo Forero Enrique Alba, 47, Peru, for smuggling cocaine into America. He



Gloria Esther Chávez Ceballos

was arrested on July 4 in the city of Porlamar, Nueva Esparta."

This guy was a police officer in Peru, and, taking advantage of his condition, provided chemical for the prepartion of narcotics.

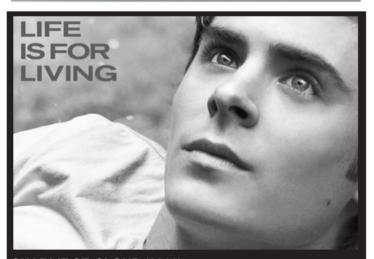
Also, "a man named

Marcelino Kerkeboom Glenn, 51, a native of Holland, which according to Interpol, trafficked drugs to the U.S. and Europe, was returned to his country where he was wanted after being arrested by Venezuelan police in Caracas



*matinee: thursday - sunday | **late show: friday & saturday

AT RENAISSANCE AT PASEO HERENCIA THE EXPENDABLES* **CHARLIE ST. CLOUD** NEW daily: 6.00 - 8.30 daily: 6.00 - 8.30 matinee: late show: 1.00 - 3.30 1.15 - 3.30matinee: PG-13 11.00 late show: THE SORCERER'S APPRENTICE THE OTHER GUYS 6.15 - 9.00 4.00 - 6.30 - 9.00 daily: daily: matinee: 1.30 matinee: PG-13 PG late show: late show: THE KARATE KID THE LAST AIRBENDER (3) matinee: 12.15 - 3.15 matinee: late show: 11.30 GROWN UPS PG PG late show: GROWN UPS 4.45 - 7.00 - 9.15 daily: daily: matinee: 12.00 - 2.30 matinee: 12.00 - 2.30 PG-13 PG-13 late show: late show **TOY STORY 3 3D DESPICABLE ME 3D** (5) 300 daily: daily: 12.50 - 3.30 12.15 - 2.30 matinee: matinee: PG late show: PG late show: SALT SALT 8.45 5.15 - 7.30 - 9.45 daily: daily: matinee: matinee: PG-13 PG-13 late show: 12.00 late show: **DESPICABLE ME 3D TOY STORY 3 3D** © 30 3 daily: daily: au 12.00 - 2.15 matinee: matinee: 12.00 - 2.30 PG late show: PG INCEPTION STEP UP 3D 30 4.45 - 8.00 7.30 - 9.45 daily: 1.30 11.00 matinee: matinee: PG-13 12.00 PG-13 late show: late show: STEP UP 3D INCEPTION 3 5.00 - 8.00 daily: 6.45 9.00 daily: matinee: matinee: PG-13 PG-13 11.30 late show: late show:



*The Expendables will start Friday August 13

RLIE ST. CLOUD (2010) (DRAMA/ROMANCE) Accomplished sailor Charlie St. Cloud has the adoration of his mother Claire and his little brother Sam, as well as a college scholarship that will lead him far from his sleepy Pacific Northwest hometown. But his bright future is cut short when a tragedy strikes and takes his dreams with it. After his high-school classmate Tess returns home unexpectedly, Charlie grows torn between honoring a promise he made four years earlier and moving forward with newfound love. And as he finds the courage to let go of the past for good, Charlie discovers the soul most worth saving is his own.

Science/Tech

New Secret to Building Muscle Revealed: Pump Less Iron

No need to strain yourself with back-breaking weightlifting sessions involving heavy barbells. Muscle mass can be achieved just as successfully using weights, a new study shows.

The research revealed a similar degree of musclebuilding can be achieved by using lighter weights as with bulkier ones, suggesting the secret to building muscle mass is to pump iron until you reach muscle fatigue.

"Rather than grunting and straining to lift heavy weights, you can grab something much lighter but you have to lift it until you can't lift it anymore," study re-searcher Stuart Phillips, associate professor of kinesiology at McMaster University, said in a statement. "We're convinced that growing muscle means stimulating your muscle to make new muscle proteins, a process in the body that over time accumulates into bigger muscles."

The findings are published online Aug. 9 in the journal Public Library of Science (PLoS) and involved 15 healthy mean with an average age of 21. The men had to lift light weights (30 percent of

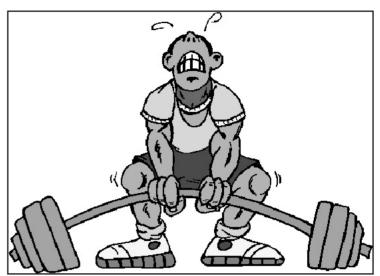
Adobe releases Flash, AIR Fixes

Adobe has released a series of updates to Flash, AIR and the ColdFusion and Flash Media Server products.

The Flash and AIR updates affect all platforms: Windows, Mac and Linux. The Flash update addresses 5 remote code execution bugs and one clickjacking bug. The new version of Flash Player is 10.1.82.76 and the new AIR version is 2.0.3. Users of older versions are vulnerable and should upgrade. You can update Flash at the Flash Player Download Center and AIR at the AIR Download Center. There is a patch for Flash 9, but moving to Flash 10 is much better from a security standpoint.

The ColdFusion vulnerability is a directory traversal bug which could result in information disclosure. All 8.x and 9.x versions are affected. The fix is actually a hotfix which is applied by extracting files to specific locations.

The Flash Media Server update affects 4 vulnerabilities. 3 denial of service and 1 remote code execution. The new fixed versions are 3.0.6 and 3.5.4.



what the participant could lift) and heavy weights (90 percent of the subject's best lift) with varying repetitions.

Participants were able to lift the heavy weights in the 80-to-90 percent range from five to 10 times before fatigue set in. At 30 percent, subjects could lift that weight at least 24 times before they felt fatigue, according to lead study researcher Nicholas Burd, a doctoral student at McMaster University.

"We're excited to see where this new paradigm will lead," Phillips said. He noted

that while the study's findings have practical significance for gym enthusiasts, they are especially important to people with compromised skeletal muscle mass, such as the elderly, patients with cancer, or those who are recovering from trauma, surgery and even stroke.

However, while light weightlifting may help people attain the same overall results when it comes to muscle mass, it won't provide the same endorphins boost as lifting heavy weights, research has shown.

Delta to allow passengers to book through Facebook

ATLANTA – Delta Air Lines Inc. said Thursday it's launched a new "Ticket Window" on Facebook that will allow passengers to book directly on the social media

It's the first time an airline has allowed customers to reserve flights on Facebook, although nearly all major U.S. airlines use Facebook and Twitter to promote sales.

Delta plans to expand the Ticket Window to other sites, including online banner ads from which customers could book directly.

The airline said the move, along with a redesign of its website delta.com earlier this week, is part of an overall effort to interact directly with its customers on the Web.

Big airlines like Delta, the world's largest, have been slower than their discount lect cities.

counterparts in catching the wave of social media. JetBlue and Southwest were the first to use social media for communicating with customers - dedicating staff to promoting their brands across cyberspace and dealing directly with individual complaints or complements on Twitter.

Delta, which is based in Atlanta, said there's still more changes to come on its website to make it more userfriendly. It's also working to improve the ease of use for its airport kiosks. It plans to launch an iPhone application within the next few weeks that will offer customers the ability to check in for flights, check flight status, review schedules, set a parking reminder, review frequent flier account balance and use electronic boarding passes in se-

Science can only ascertain what is, but not what should be, and outside of its domain value judgments of all kinds remain necessary.

Albert Einstein (1879-1955) U. S. physicist, born in Germany.



HEALTH - LIVING

Stem cells used to treat killer skin disease

WASHINGTON (AFP) – In two groundbreaking studies, doctors have used stem cells from bone marrow to help heal children with a killer skin disease, and to repair injured lungs.

Researchers led by University of Minnesota doctors John Wagner and Jakub Tolar used bone marrow stem cells to treat children with a rare genetic skin disorder called recessive dystrophic epidermolysis bullosa (RDEB).

The study was the first to show that bone marrow stem cells can be used to treat diseases affecting the skin and upper gastrointestinal tract, and alter the course of epidermolysis bullosa (EB), which causes skin to blister and scrape off with the slightest rub or bump -- and for which there is no cure.

EB can also affect the lining of the mouth and esophagus, as well as the skin, and makes activities that many children take for granted, such as eating, painful.

Seven children were enrolled in the trial which ran from 2007 to 2009. One child died before doctors could transplant healthy bone marrow stem cells, and another died six months after the transplant.

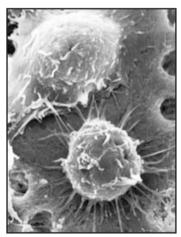
But the remaining five were all better, Tolar told AFP.

"Their skin is better, they are more active, they use fewer bandages, they have donor cells in their skin and we have been able to show that they produce the all-important collagen 7 in their skin," he said.

Collagen 7, a protein that keeps layers of skin "glued" to each other and to the body, is missing in EB sufferers.

Although the children still have residual wounds on their skin, which means they have not been cured of their chronic illness, Tolar said the treatment had given them a new lease on life.

"They're eating, moving around, one of them bought a trampoline, they eat chips. These things were unheard of before the transplant," he said.



Since 2007, Wagner and Tolar have used transplanted bone marrow containing healing stem cells to treat 12 children with the most aggressive forms of epidermolysis bullosa.

All of the children have responded to the therapy, to varying degrees, the study, published in the New England Journal of Medicine, said.

In a separate study, reported in the Journal of Biological Chemistry, researchers at the University of California, San Francisco

(UCSF) used bone marrow stem cells to treat acute lung injury, one of the most common causes of respiratory failure in hospital intensive care units.

A team led by Michael Matthay and Jae Lee at the Cardiovascular Research Institute of UCSF re-created unhealthy lung conditions in the lab by culturing human alveolar cells and then chemically causing inflammation.

They then added bone marrow stem cells to the mix and observed how things changed.

"What happens in lung injury is that the membrane becomes very porous, fluid comes into the lung and pulmonary edema occurs, which leads to a worse outcome," Lee told AFP.

"We found that if you add stem cells, there's a restoration of the permeability, meaning stem cells were protective -- they prevented permeability-increase in the epithelium," he said.

The authors of the UCSF study say the findings are the

first to demonstrate how certain marrow bone stem cells restore the border of the lungs. They hope to begin phase II clinical trials to prove the therapy is viable for preventing respiratory failure in critically ill patients.

Both of the studies used adult stem cells, not embryonic stem cells which have stirred controversy among the religious right in the United States and the Vatican.

The Obama administration last year lifted a ban on the use of embryonic stem cells in scientific research that had been imposed by the administration of George W. Bush.

Embryonic stem cell research is controversial because human embryos are destroyed in order to obtain the cells capable of developing into almost every tissue of the body.

But it also holds great promise for treating cancer, diabetes, Alzheimer's and other diseases and even growing organs and tissues for transplants.







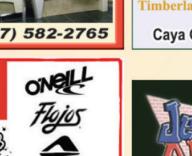
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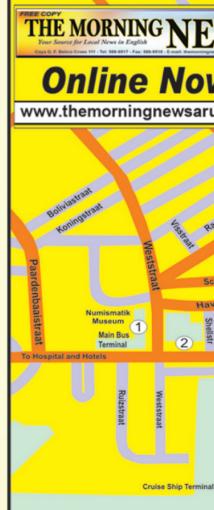
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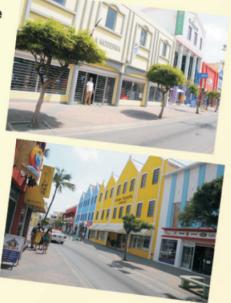
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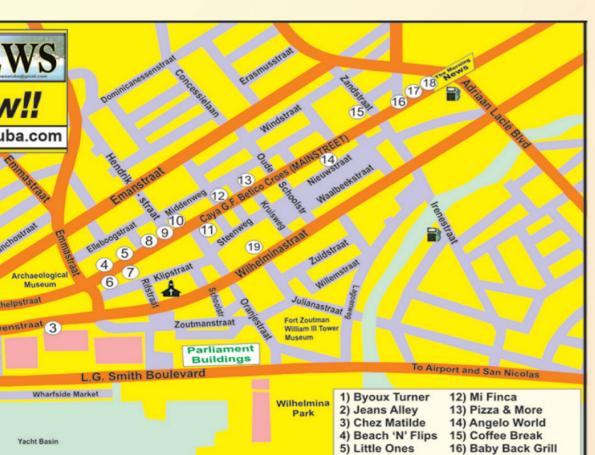
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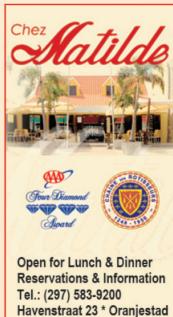
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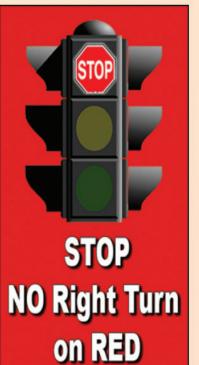
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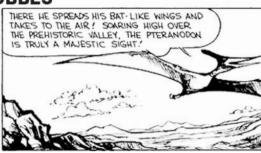






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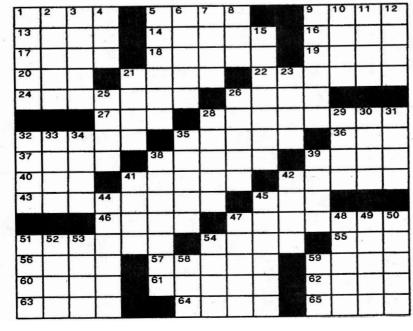
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- telegram 50. Coarse woolen cloth
- Actor
- Andrews Golf club
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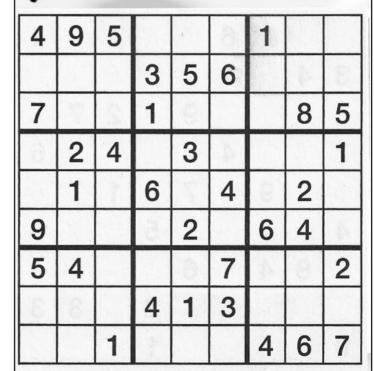
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How top attorneys use free information to build high profit practices...

And how you can do the SAME with your business!

by Ken Varga



Hi, I am Ken Varga. I want to share with you some of the ideas, strategies, and principles that allowed me to build 35 businesses during my career.

By earnestly applying the ideas, you will learn how you too can build your business to success, while living an unhurried life, filled with family, friends, fun and a relaxed attitud.

I hope you spent some time this past week looking for ways you can educate your customers.

Here are some examples:

Almost every area of legal specialization offers prospective clients a free initial consultation with no strings attached.

Personal injury attorneys come to my mind first.

You come to them, they sit you down, and for an hour they will go over your case and they'll tell you what they think your legal rights are.

They will help you decide what your options are and the best strategy to take.

You also have a choice... you don't have to use them. But 80% of the time, when attorneys give you an incredibly

good, comprehensive, and objective education, you tend to be so connected to them, that you desire them to protect your interest and follow through for you.

So, attorneys in over 20 different specialties, use free education, free consultation, and free information as a key component to building very successful practices.

Any service business can do the same.

How about a Pizza business, or any Restaurant, deli, etc?

Why not educate your customer about the special dough you use in the imported "whatever", the special time needed to prepare the meal that other restaurants don't care about, etc.

Take your product and do the above analysis of it, and find ways to educate your customer about it.

I'm sure there was a night when you couldn't sleep and you turned on your TV and saw an infomercial for a product.

The key success factor in making an infomercial work is the level of demonstration and education they incorporate in the show.

The more you tell, the more you sell.

If any of my readers are in the alternative health field, do not align yourself with other alternative health practitioners only.

Align yourself with established professionals. Chiropractors, massage therapists, Cosmetologists, Physical Therapists, etc, and demon-

strate, educate, and explain the origins and processes of your therapy, and then allow perspective customers to try it free of risk.

It's really ironic, but after someone had paid up to \$10,000 to attend one of my seminars, between 25 to 45% of the participants would come to me at the end of the program and ask me to consult with them privately.

It astounds me that someone, after paying up to \$10,000, would seek out the trainer and ask him to consult with them privately.

I've asked myself, why?

The answer is because they want more. Education is the pathway to more business, and it's also the pathway to a deeper connection with you and the customer forever.

The bond you create with your customer when you educate them is such that they will become your greatest advocate.

When you educate and inform customers, that bond will be with them forever. That's because you thought so highly of them, that you wanted them to receive more of a benefit than they did when they purchased (or were thinking about purchasing) your product or service.

Once you give someone an education, human nature wants more.

And as you'll see, they will be coming back for more of your products or services.

Well, that's it for this tip.

To your success, Ken Varga

Governments rip four-billion-euro hole in EU budget

BRUSSELS, Belgium (AFP) – European governments ripped a near four-billion-euro hole in the EU's spending plans for 2011 yesterday, stripping back ambitious scope for the bloc to become a "global player" and gutting core farm payments.

The 27 European Union member states decided to slash the hard cash outlay sought by the European Commission, the bloc's day-to-day executive, by more than 3.6 billion euros (4.6 billion dollars).

The European Council's revised figures, compared to commission numbers announced in April, now go to the European parliament for final negotiations due to be wrapped up by October.

At the head of seven un-

happy states, Britain and Denmark refused even to sign off on that level of cuts, which still grant the EU an overall increase of 2.91 percent on last year's funding.

British Prime Minister David Cameron told a joint press conference in London with Danish counterpart Lars Lokke Rasmussen that the figures should be progressively "reduced rather than increased."

More than half the total cuts called for -- just under two billion euros -- should come from cohesion funding, which roughly translates into grants for the EU's poorer regions, often linked to accession conditions for the bloc's enlargement.

Investment in transforming

the EU into a "global player" and other administrative expenses also take a huge hit, at a time when the bloc is embarking on a multi-billion-euro roll-out of a worldwide diplomatic service.

All told, these expenses should be slashed by some three-quarters of a billion euros, a statement said.

Spending on agriculture, historically the biggest individual slice of EU oulay, and one that has traditionally favoured major food producers led by France, should also be slashed by almost half a billion euros.

A spokesman spelled out that this was a sum invariably not spent by the EU, and which would slosh around in bloc accounts.

Meanwhile, the member states also said they were "not accepting" an increase in salaries for tens of thousands of EU staff called for by the commission which is currently the subject of a dispute at the European Court of Justice in Luxembourg.

They further called for a freeze on new recruitment across the EU's Byzantine bureaucracy, except in posts working for member states' in-terests in the European Council.

National governments, whose contributions make up around 75 percent of the EU's income, said the total available to spend should be just over 126.5 billion euros.

The commission was given until the end of September to

come back with new figures before parliament gives its verdict.

If no deal can be agreed, a conciliation process has 21 days from October 26 in which to impose a solution.

YESTERDAY'S Crossword Answer

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Russia marks submarine loss under shadow of new tragedy



A Russian man lays flowers at a monu- mast yesterday and ment to those who died in the Kursk submarine disaster

MOSCOW, Russia (AFP) -Russia yesterday marked the grim 10-year anniversary of the horrific sinking of the Kursk submarine with the loss of all on board as the country reeled from its latest deadly summer calamity.

With Russia devastated this summer by heatwaves and wildfires, critics said the authorities had learned little in their attitude towards preventing and minimising catastrophes.

The modern Kursk, the pride of Russia's Northern Fleet, was on manoeuvres in

the Barents Sea on August 12, 2000 when it sank with the loss of all 118 aboard. An inquiry found a torpedo had exploded, detonating all the others.

The catastrophe become a byword for Russia's reluctance to divulge information and was notorious for the slow reaction of then president Vladimir Putin, who stayed on holiday by the Black Sea for five days as the extent of the tragedy became clear.

Flags at all bases of the Northern Fleet flew at half friends of the dead

gathered for a memorial service at the Saint Nicholas Cathedral in Saint Petersburg.

Other services were held in the ports of Murmansk and Severodvisnk in Russia's Far North, as well as its Baltic exclave of Kaliningrad.

Vyacheslav Popov, who was commander of Russia's Northern Fleet at the time of the tragedy, argued that huge strides in security had been made since the catastrophe.

"The navy now has what we did not have 10 years ago,"

EMORNING NEWS Friday, August 13, 2010 Gold Coast Aruba: This is the time to invest

Managers of Gold Coast Aruba, the island's newest and most innovative gated community, report that sales are picking up nicely as the global economy begins to recover and those with a bit of disposal income are looking to invest in a sure thing. Gold Coast Directing Manager Fito Croes has noticed a surprising percentage of owners are barely using the villas or town homes they purchase, but taking advantage of Gold Coast's rental services to turn their investment into ready income.

"The greater portion of home owners are using their "home away from home" in Aruba to escape the winter months, or spend holidays with the family on the island," he remarked, "but I am gratified by how many are buying because they felt secure with real estate investment on Aruba. They really study the history and economy of the island and are impressed with



house complemented by two additional pools decks, one of which has been open for a year, the other will be ready for the holidays 2010. They expect the clubhouse to be ready for the community with a workout room and spectacular facilities by the end of 2011. It will also house a restaurant and mini-market.

Owners who purchased upon the groundbreaking only a few short years ago, are already enjoying a nearly 50%

with two of Aruba's top providers of kitchens and bathrooms enables developers to offer custom options for clients, so buyers can individualize their homes. An elegant and chic standard package is available, or island designers will assist owners in finishing the décor to their specific tastes.

There are many aspects to purchasing property; not the least is the future value of the investment. To further enhance this, Gold Coast managers have inaugurated a number of in-house services and are now negotiating with Interval International to provide a huge international pool for investors to tap for renters either short or long term. Property exchange for a vacation in another destination will also be available. Gold Coast's own rental services have also proven highly successful in assisting owners in renting their villas; 24-hour security and maintenance services also tip the scales when it is time to make a decision. Aside from all this, housekeeping, babysitting and catering services are also available for community members as well as airport pick-up and drop-off and preshopping services so cupboards and refrigerators are stocked upon arrival, which can all be arranged through their home management department.



the political stability and continually increasing value of prime locations. Gold Coast is in the heart of Malmok, considered Aruba's most exclusive community; in this area, the value of properties has only increased over time. It is minutes to the best beaches and all the action, and yet offers a quiet and secluded getaway; we are very pleased by the response to our concept.

Fito, with his sister Mayrin and brother Rudy run Cas Bon, which has been constructing homes and building developments for all budgets for nearly twenty years. "Gold Coast Aruba is the jewel in our crown," observes Fito. "We were very excited about this project; the scope and amenities. We talked to countless island visitors to find out what they would really want in a permanent residence on Aruba, and took from there."

Input from frequent vacationers who dreamed of their own home in Aruba will eventually be a community of 260 town homes, villas and condominiums with a stunning clubappreciation on their investment, particularly those taking advantage of the management association's rental service, There is always a great demand for Aruba and facilities such as those at Gold Coast, making it easy for some owners to earn their mortgage payments or others to see an immediate return on their in-

The design of the struc-



tures is open, airy and spacious, fully deploying the island environment, with the finest quality construction and finishing available. Partnering

Visit their website: www.goldcoastaruba.com for more details and availability or call 586-2200 to arrange a personal tour.

Armando's Kite Shack Best Kite Lesson on the Island For kite lesson & lodging info call: (297) 733-1515 www.kitesurfingaruba.com **Next to Marriott Resort** Lessons starts daily at 9:00a.m. - 12:00p.m. - 3:00p.m. Anyone between the ages of 8 and 77 can enjoy this sport

Extreme tourists set off to walk through Africa



Guillaume Combot (left) and Enora Nedelec are seen in Khartoum during their trek across Afric .

KHARTOUM (AFP) - From Cape Town to Khartoum, extreme tourists Guillaume and Enora have trekked off the beaten track on foot, surviving on less than two dollars (1.5 euros) a day on a journey that will take them three years to complete.

Unlike compatriots who have crossed the African continent by car in the Dakar rally, or by motorbike or bicycle raising money for a cause, these French tourists decided to trek through jungles and deserts in a professed bid to better understand humanity.

"In the beginning we walked for the adventure, and then we tried to understand Africans' strange attitude towards us," said Guillaume Combot, 31, a former French parachutist who studied psychology in Canada and had once tried to become a monk at the Saint-Benoit-du-Lac in

"We took off without really knowing why. I was a little lost and I knew that I just wanted to walk.

"The first stage was to try nd understand Africa, the second stage was more broad, to try and understand humanity," Combot told AFP while in Khartoum.

He said people didn't understand the motivation behind walking across the continent, particularly outside the cities and large

"The question to us was always 'why are you acting like you are poor, why are you pretending to be suffering?," he said, a little dispirited.

Together with his friend Enora Nedelec, 21, the pair left France for Cape Town in February 2009 with 3,000 Euros (nearly 4,000 dollars) in their pockets with the aim of walking back to Paris-- an adventure that should take him three years, while she plans to end her journey in Jerusalem a little earlier.

Their budget gives them less than two dollars a day each to eat, drink, sleep and

They venture off every day, not knowing when they'll eat or where they'll sleep.

"We wanted to colour every kilometre (mile) with emotion, which is something possible on foot but much more difficult when you are travelling faster," said Nedelec, who put her midwifery studies on pause to discover the world on foot.

backs, which at their heaviest were around eight kilogrammes (17 lbs), they often

slept on mats in the open air.
"I wish it could last 10 years. I'm not in a rush to go back. I don't know what I'll do once I'm home," he added.

Their walking adventure can be followed on the Internet at: www.merakiste.fr/

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French star Bardot says 'no one' can play her

PARIS (AFP) - French screen siren Brigitte Bardot warned Thursday she would not authorise Hollywood film makers to shoot a movie about her life, arguing that no other actress could capture her personality.

"There is no one who can do it," said Bardot, 76, a 1950s and 1960s sex symbol and star "And God Created Women" who retired from acting in the 1970s and became an animal rights activist.

"They have their own personality, but they don't have mine," she said on French radio station Europe 1.

She was responding to reports that US director Kyle Newman was planning to make a film about the French star and would cast his wife, the model and actress Jaime King, as Bardot.

"I don't agree to a film about me without me having been warned and without me agreeing on who will play my part," Bardot said.

"I have heard nothing about it and there is no question of doing anything about me without my agreement."



A 60's photo of Brigitte Bardot

Bardot was recently played by her compatriot Laetitia Casta in a biographical film about another 1960s

French icon, singer Serge Gainsbourg. Bardot told Europe 1 she had not seen that

Curious George Gets a Latino Sidekick



Travelling with back- One of our childhood favorites, Curious George, is back on PBS for its fifth season and bringing with it a Latin presence.

The 2010 Emmy Award winning show premiers with "George and Marco Sound it Out" on Labor Day, September 6, 2010. Viewers are introduced to George's new

buddy, Marco, an eight-yearold who rocks out in his family's pan-Latin band—Lobos de Plata. How cool is he?

During the season, Marco infuses elements of Hispanic culture into George's life, including Latin food, music and celebrations.

Curious George is such a great ambassador to learning

for kids," said Ellen Cockrill, senior vice president of animation production for Uni-Studios versal Family Productions.

"In season five, George brings young viewers into the world of new cultures and the different social systems that tie cultures together."



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Barracudas Synchronized Swimming Club registration open for the new year



Barracudas Synchro Beginners

PALM BEACH, ARUBA – On Saturday, August 14th from 8:30am until 10:00 am girls ages 7 to 10 years of age can come to register for the upcoming year for this exciting sport. Please bring a copy of your swimming diplomas A, B and C.

The Barracudas Synchronized Swimming Club was founded in 1975 and houses multiple top performing teams in synchronized swimming, consisting of girls (only) ranging in age from 6 to 18. With the Barracudas being the only synchronized swimming club in Aruba, they are well known throughout the Caribbean as one of the strongest performers in the region!

If you would like to be part of this winning team and become a synchronized swimmer at the Barracudas Swimming Club you are most welcome to join. If you are in the possession of

swimming diploma C, are between 7 and 10 years of age, enjoy music, ballet, stretching and exercise, this might be just the sport for you! For more information, please contact president of the Barracudas Synchronized Swimming Club Michelle Pablo, tel 592 9551 or email us for information at barracudas 1974@yahoo.com

Picture of the beginner synchronized swimmers of 2009/2010

Federer sets up Berdych rematch

TORONTO (AFP) - Roger Federer defeated Michael Llodra 7-6 (7/2), 6-3 at the Toronto Masters Thursday to set up a re-match with Tomas Berdych, who upset him in the Wimbledon quarter-finals.

The Swiss third seed needed less than 90 minutes to pass his third-round test against an old-school Frenchman whom he's known forever but has never played.

The throwback serve-andvolley style of the number 35 suited Federer down to the ground after the Swiss fought back in the first set from a break in the second game.

The victory propelled Federer into a quarter-final against seventh-seeded Berdych, who defeated Alexander Dolgopolov of the Ukraine 6-3, 6-7 (5/7), 6-4.

Federer has lost twice this season to Berdych, also falling to him in in Miami.

Argentinian David Nalbandian won his 11th match in a row as his return to form continues to build. The unseeded danger-man eliminated two-time Roland Garros finalist and fifth seed Robin Soderling 4-6, 6-4, 6-1.

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Chardy scored an upset over Russian sixth seed Nikolay Davydenko 6-3, 6-2.

Federer recovered against Llodra after going down 0-2, getting the break back in the seventh game and taking charge of the match from there on in.

"I knew it would be a tough match, he got off to a wonderful start," said the Swiss, who goes back a decade and a half with his opponent. "It was hard for me.

"You don't get many guys like him. But I like playing against the old style serve-and-volley, always keeping you on the back foot, always under pressure."

The contest was played under the watchful eye of Federer's trial coach Paul Annacone, former mentor to Pete Sampras.

The Swiss improved to 33-9 on the season as he bids for his second title after January's Australian Open.



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Politician Pacquiao to train at parliament

MANILA, The Phillippines (AFP) - Boxing superstar Manny Pacquiao will train for his next world title bout inside the Philippines' parliamentary grounds as he seeks to balance his new job as a lawmaker with his phenomenal sporting career.

Pacquiao, 31, regarded by many as the world's best pound-for-pound fighter, was elected a member of parliament in May but he has vowed his political ambitions will not affect his boxing.

"I will sleep in my office so I can jog before the start of (a parliamentary) session or hearing," the Manila Times on Thursday quoted Pacquiao as saying.

"The House (of Representatives) grounds are big. There is also a big jogging area there."

Pacquiao, the only fighter to have seven championship belts in as many weight classes, said part of his conditioning would encompass a three-hour training session that included jogging.

He said he had inspected the gym at the parliamentary complex and found it "good enough", according to the Times.

Pacquiao is tentatively set to fight Mexico's Antonio Margarito for the vacant World Boxing Council junior middleweight belt on November 13, after talks to fight undefeated US star Floyd Mayweather fell through.

Mayweather had earlier accused Pacquiao of using performance-enhancing drugs and publicly dared him to undergo blood testing if a showdown between them were to come about.

The Filipino champ agreed in May, but Mayweather failed to meet a July deadline to agree to terms of what could be the most lucrative fight in boxing history.

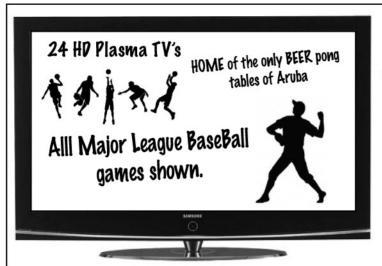
In an article for philboxing.com that was posted at the weekend, Pacquiao said he still wanted to fight Mayweather.

"For now, Antonio Margarito of Mexico is the likely replacement of Mayweather in November 13, but for me, there is nothing more beautiful (than) news if the Mayweather camp will change its mind," he said.

"A lot of things can happen within three months and if Mayweather is not really a coward, he needs to prove himself in the ring.

"He claims he is the best. He says he is number one. There is only one way to prove his greatness and that is to face me. I should be ready by November."



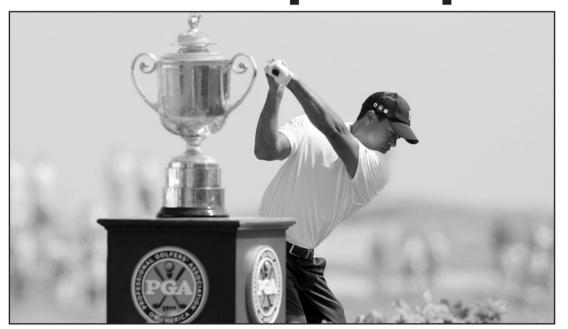


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Woods enjoys early surge at PGA Championship



SHEBOYGAN (AFP) - Tiger Woods, who is coming off his worst career performance at the Bridgestone Invitational, birdied three of his first four holes to begin the 92nd PGA Championship in style on Thursday.

The 34-year-old world number one needed just four putts on the first four holes after starting his round off the 10th tee.

Woods, who is playing with defending champion Yang Yong-eun and 2004 PGA Championship winner Vijay Singh, teed off over three hours late because of a fog delay to start the first round at Whistling Straits.

Australian Stuart Appleby also got off to a rousing start, and was at three under through the first nine holes after dense fog, from Lake Michigan, finally lifted.

Wearing a white shirt in the muggy conditions, Woods' approach from 80 feet out on the par-four 361yard 10th hole landed on the green before snaking in a 10 foot putt for birdie.

Woods hit another superb tee shot on his second hole and followed it up with an iron shot landed 10 feet from the pin.

His first errant shot came off the tee at No. 12 as he put it over the green and across a public path, but he was able to recover and get his second shot on the green and save par.

Woods' game has hit the skids coming into the final major of the season when he shot a fourth round 77 to finish in a tie for 78th at the Bridgestone -- a tournament he had won seven times before

He finished 18-over 298, a whopping 30 shots behind winner Hunter Mahan.

The four-time PGA Championship winner is without a win this season and without a major title in the past two years as he battles to rebuild his career and reputation following the sex scandal which engulfed him.

Appleby, who shot a 59 earlier this month at the Greenbrier Classic, also reached the top of the leader-board

Starting on the 10th tee, Appleby birdied his first three holes including the parthree 143 yard 12th hole.

The Australian made a good approach shot on 16, chipping it onto the flat part of the green from the right side of the fairway. His 15 foot putt got him back to three under and the early lead

Japan's Ryo Ishikawa struggled early on the linksstyle course making the turn at five over par.

The 18-year-old bogeyed three of his first six holes then made double bogey on 18 for a front nine score of 41.

Masters champion Phil Mickelson will try to make it a two-major season and has a chance to surpass Woods as the No. 1 ranked player with a strong showing this week.

Mickelson will be playing with US Open winner Graeme McDowell, of Northern Ireland, and British Open champion Louis Oosthuizen of South Africa.

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The golf course is open everyday except Mondays.

For more information please call the Aruba Golf Club.

Mets pitcher Rodriguez, suspended over assault charge

NEW YORK (AFP) - Mets closing pitcher Francisco Rodriguez, suspended in the wake of charges he assaulted his father-in-law, was freed without bail Thursday and told to stay away from the man.

Rodriguez appeared at a New York courthouse on Thursday, shortly after the team announced he had been suspended for two days.

The 28-year-old was charged with third-degree assault after a scuffle at Citi Field following Wednesday night's game.

The star pitcher did not enter a plea in the brief court proceeding.

Police say Rodriguez grabbed his father-in-law from a Citi Field family lounge, repeatedly struck him in the face and banged his head against the wall.

"Ownership and the organization are very disappointed in Francisco's inappropriate behavior and we take this matter very seriously," Mets chief operating officer Jeff Wilpon said.

A Mets official called police while a clubhouse employee was instructed to call Rodriguez on his cell phone. Rodriguez came back about 15 minutes later and was taken into custody.

Rodriguez's father-in-law - identified by authorities as 53-year-old Carlos Pena - was in a hospital with a scraped face and bump on his head. Pena had swelling above his right eyebrow.

Right-hander Ryota Igarashi was recalled from the team's Buffalo minor league affiliate to fill Rodriguez's roster spot.

www.themorningnewsaruba.com



Inaugural Youth Olympics realises Rogge dream

SINGAPORE (AFP) - The inaugural Youth Olympic Games get under way in Singapore on Saturday, realising a long-held dream of International Olympic Committee president Jacques Rogge.

The August 14-26 showpiece is designed as a stepping stone for young athletes striving to compete at an Olympics proper, while also encouraging youths to take up sport and spend less time glued to computer and television screens.

Some 3,600 athletes aged 14 to 18 will compete in the 26 events that make up the Olympics, with a simultaneous cultural and education



program running to teach them about Olympic values and global issues.

The concept is the brainchild of Rogge, who has championed the idea since

2001 when he first won the IOC presidency.

The message of the Youth Olympic Games is clear this isn't just competition, it's about learning and sharing too," the Belgian said recently.

"Above all, we want these young people to have a wonderful time at the Singapore Games, to have an Olympic experience that they can take away with them and share with their friends around the world."

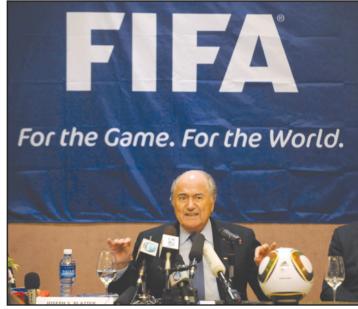
In a quest to tap into youth culture, the Games have embraced YouTube and social networking sites Facebook and Twitter while swimming superstar Michael Phelps and sprint king Usain Bolt were employed as Games' ambassadors.

But both Phelps and Bolt have since announced they will not be attending, leaving fellow ambassador, pole vault queen Yelena Isinbayeva, as the lone superstar attraction.

'Even though I can't make it in person, because I'll be competing at the US Nationals and (hopefully) Pan-Pacific (Championships), I will definitely be there in spirit," Phelps wrote on his Facebook page.

Bolt also used Facebook to announce he was not com-

"My advice to the athletes going to Singapore is to first of all have fun. Just remember all the hard training you did, do what you enjoy and



FIFA president Sepp Blatter addresses a press conference prior to the opening match of the Singapore 2010 Youth Olympic Games (YOG) football match in Singapore. YOG is an international multi-sport event for youths and runs from August 14 to 26. AFP PHOTO

The Jamaican has since ruled himself out of the rest of the 2010 season because of a back problem that affects his striding power.

The Games can boast world class talent in Britain's Tom Daley, the 16-year-old world 10m platform diving champion and a 2008 Beijing Olympian.

Daley has been struggling with a back injury but is now fit and follows up his Youth Games appearance at the Commonwealth Games in Delhi.

He said he was relishing the athletes' village environment in Singapore and was happy to advise anyone on what it was like competing in a full-blown Olympics.

"It is good to go and practice in an Olympic environment where you are in an Olympic village as opposed

you will always succeed," he to a hotel all the time," he told British media.

"If anyone had any questions then I would be more than happy to speak to people about heading into an Olympic experience.'

Diving is shaping up as a highlight sport with China's Qiu Bo, the 2008 world junior champion, facing off against Daley, who beat him into second place at the 2009 world championships in Rome.

Other key events include athletics, swimming and basketball, but football has been diminished with big name countries like Brazil and Spain not taking part, which has been reflected in poor ticket sales.

Singapore was awarded the Youth Olympics ahead of Moscow and is hosting a multi-disciplinary sporting extravaganza for the first time.



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